

SAMPLE SEQUENCE

*This is a recommended sequence that should serve as just a guide, not an absolute. **The PHE major courses are set in stone (bolded); however, the health electives, GEC and health-related areas can be shuffled based on your preferences and schedule.** You may need to fit in additional courses if you have a second-major or have an additional minor. In addition, you may have other requirements such as marker courses and deficiencies to include as needed.*

FRESHMAN YEAR						
<i>Fall Semester</i>			<i>Spring Semester</i>			
ENG 101	College Writing I	3	CST 105 (GRD) (SI)	Intro to Communication Studies	3	
PSY 121 / SOC 101 (GSB)	Gen Psychology or Intro to Sociology	3	MAT 115 or STA 108 (GMT)	College Algebra or Elementary Statistics (<i>or higher level math</i>)	3	
GFA	Gen Fine Arts	3	GPR	Gen Philosophical Perspectives	3	
GLT	Gen Literature	3	GL / GN	Global / Global Non-Western	3	
Flexible	Gen Ed/Marker/Free Electives	3	Flexible	Gen Ed/Marker/Free Electives	3	
HHS 125	Design Life I	1	Flexible	Gen Ed/Marker/Free Electives	3	
Total		16	Total		18	34
SOPHOMORE YEAR						
<i>Fall Semester</i>			<i>Spring Semester</i>			
BIO 111/111L	Principles of Biology and Lab	4	HEA 308 / HEA 339 (WI)	Introduction to Public Health / Introduction to Public Health Education Practice	(3)	
GHP	Gen. Historical Perspectives	3	NTR 213	Nutrition	3	
HFA	GFA/GLT/GPR	3	GL/GN	Global/Global Non-Western	3	
HEA Elective	HEA Elective #1	3	WI	Writing Intensive Marker Course	3	
Flexible	Gen Ed/Marker/Free Electives	3	GN	Global Non-Western	3	
			Flexible	Remaining Gen Ed. /Marker/Minor	1	
Total		16	Total		13-16	29-32
JUNIOR YEAR						
<i>Fall Semester</i>			<i>Spring Semester</i>			
HEA 308	Intro to Public Health (if not taken already)	3	HEA 316	Environmental Health	3	
HEA 314	Public Health Diseases	3	HEA 325	Public Health Data Analysis	3	
HEA 315	Epidemiology	3	HEA 340	Community Observation & Assessment	3	
HEA 339 (WI)	Intro to Public Health Education Practice (if not taken already)	(3)	HEA 366	Community Health Interventions	3	
HEA 000	Health Elective #2	3	HEA 000	Health Elective #3	3	
Total		12-15	Total		15	27-30
SENIOR YEAR						
<i>Fall Semester</i>			<i>Spring Semester</i>			
HEA 405	Program Planning and Evaluation	3	HEA 428	Health Ed Internship * <i>internships are only completed in the spring semester</i> * <i>Students must also register for and complete the CHES Exam during the final spring semester. See www.nchec.org for details</i>	12	
HEA 312	Public Health and Healthcare Systems in the U.S.	3				
HEA 426	Internship Planning	3				
HEA 466	Community Health Interventions II	3				
HEA 000	Health Elective #4	3				
Total		15	Total		12	27
TOTAL CREDIT HOURS						120