Welcome to PHE!

Public Health Education

School of Health & Human Sciences

UNCG

Greensboro

Department Head: Dr. Tracy Nichols

Dean: Dr. Celia Hooper

Chancellor: Dr. Frank Gilliam

Mayor: Nancy Vaughan
Top 5 Things To Enhance Your UNCG Graduate Student Experience

Know where to get answers:

• PHE grad student website: https://phe.uncg.edu/current-students/graduates/
  • Password: grad15
  • Especially look at MPH / PhD Handbooks (and additional resources listed at end of handbook)

• UNCG Graduate School: http://grs.uncg.edu/ (“Current students” and “Forms” links at top)


• 6-tech (Information Technology Services): http://its.uncg.edu/services

• PHE grad student listserv: Send to: hh-phe-students-grad-l@uncg.edu

Also check archives: Go to http://ispartan.uncg.edu/ -> Click on “Groups” -> My groups -> PHE Graduate Students
### Top 5 Things To Enhance Your UNCG Graduate Student Experience

**Know where to get answers**

But only after you have checked the resources on the previous page... we follow the “3 before me” policy

<table>
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<tr>
<th>Questions about?</th>
<th>Who to see</th>
<th>Contact info</th>
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<tbody>
<tr>
<td>General Questions related to policy/procedures</td>
<td>Barbara Henry</td>
<td>Coleman 437&lt;br&gt;<a href="mailto:bfhenry@uncg.edu">bfhenry@uncg.edu</a>&lt;br&gt;336-334-5532</td>
</tr>
<tr>
<td>Individual (specific situation) Graduate Student Questions related to policy/procedures</td>
<td>Kelly Rulison</td>
<td>Coleman 437J&lt;br&gt;<a href="mailto:klruliso@uncg.edu">klruliso@uncg.edu</a>&lt;br&gt;334-4963</td>
</tr>
<tr>
<td>Individual (specific situation) Graduate Student Questions related to your graduate experience (e.g., coursework)</td>
<td>Your advisor</td>
<td>Listed under <a href="#">current student section</a>&lt;br&gt;Check <a href="#">PHE faculty page</a></td>
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Top 5 Things To Enhance Your UNCG Graduate Student Experience

Work smarter, not harder

"Insanity is doing the same thing over & over again & expecting different results."

Albert Einstein
Top 5 Things To Enhance Your UNCG Graduate Student Experience

Work smarter, not harder

• Resources:
  • Read *Mind for Numbers* (a book on learning how to learn)
  • [Writing Center](#)
  • [Digital ACT (Action, Consultation, and Training) Studio](#)
  • Your instructors
Top 5 Things To Enhance Your UNCG Graduate Student Experience

Don’t let your schoolwork get in the way of your education:

• It takes more than a 4.0 to get a job
• Have a resume (MPH) / CV (PhD) and look for ALL ways to add to it
  • Work with faculty to gain experience
  • Do a quality internship (MPH)
  • Join a Prof. organization – APHA, SOPHE, ESG
  • Develop expertise across competencies
  • Volunteer in the community, department
Top 5 Things To Enhance Your UNCG Graduate Student Experience

#1

Have Goals (but be open to change and take advantage of new opportunities)

• What are your next steps after you graduate? For MPH students: What might you want to do for your internship?
  • Yes, start thinking about what you will do after you graduate today! It is not too soon

• What skills do you need to get there and be successful?
  • Consider health educator and core public health competencies
  • Also consider “soft” skills
    • Communication skills
    • Team work and collaboration
    • Problem solving
    • Time management