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Education

2002 Columbia University
New York, NY
M.Phil., Ph.D. in developmental psychology

1988 The New School for Social Research
New York, NY
BA

Current Positions

2015- Present Professor
Department of Public Health Education
University of North Carolina at Greensboro

2015- Present Professor
Women & Gender Studies Program
University of North Carolina at Greensboro

Previous Positions

2008-2015 Associate Professor
Women & Gender Studies Program
University of North Carolina at Greensboro

2006-2015 Associate Professor
Department of Public Health Education
University of North Carolina at Greensboro

2002 – 2006 Assistant Professor
Department of Public Health
Weill Medical College of Cornell University

2005 - 2006 Adjunct Instructor
Department of Nutrition, Food Studies, & Public Health

New York University

2003 - 2004

Adjunct Assistant Professor
Human Development
Columbia University, Teachers College

Funded Research Support (External)

1. Mentee, *Teamwork in Research and Intervention to Alleviate Disparities (TRIAD) Project for Health Disparities*, NCMHD, 7/1/09-6/30/10,
2. Co-Principal Investigator, *Involving Adolescents in Physical Activity Promotion*, (CA109846), NCI, 9/2/04-8/31/09, \$336,000
3. Principal Investigator, *Gender Differences in Preventing Adolescent Drug Use* (DA016587) NIDA, 7/15/03-7/14/05, \$84,750
4. Principal Investigator, *Transitions in Smoking Among Adolescent Minority Girls* (CA105998) NCI, 12/1/03 – 6/30/06, \$169,500
5. Investigator, *Enhancing Implementation Fidelity in a Multi-Site Trial*, (DA16106), NIDA, 10/1/04-6/30/06 \$3,310,996
6. Investigator, *Multi-Ethnic Drug Abuse Prevention Among New York Youth*, (P50 DA07656-11A1), 9/30/99-8/31/05,
7. Investigator, *Drug Abuse and Violence Prevention with Minority Youth*, (DA08905), 8/1/95-7/31/05,

Funded Research Support (Internal)

1. Principal Investigator, *Evaluating A Reproductive Health Intervention for Women in Treatment for Addictions*, Community Based Research Award, Office of Leadership and Service Learning, UNCG, 07/2015-05/2016, \$3,000
2. Principal Investigator, *Performing Public Health: Intervention Workshops through Poetic Representations*, OUR Faculty Minigrant, UNCG, 7/2013-6/2014, \$2,000
3. Principal Investigator, *Examining Substance Use/Abuse Services for Pregnant and Parenting Females in Guilford County, NC*, Community Based Research Award, Office of Leadership and Service Learning, UNCG, 11/2012-05/2013, \$3,000
4. Principal Investigator, *Fit2gether: A Tailored Obesity Prevention Program for African American Mother-Daughter Dyads*, Pilot Grants, HHP Office of Research, UNCG, 11/2010-05/2011, \$4,913
5. Principal Investigator, *Supporting Teen Moms: A Qualitative Evaluation of a Childbirth Education and Doula Program for Pregnant Adolescents*, Community Based Research Award, Office of Leadership and Service Learning, UNCG, 11/2010-05/2011, \$4,000
6. Principal Investigator, *Mother-Daughter Relations in African American Families: Longitudinal Effects on Adolescent Girls' Obesity-Related Behaviors*, Summer

Grant Writing Stipend, Children and Family Research Network, UNCG, June 2009, \$5,000

7. Principal Investigator, *Moms for Moms: A Women's Support and Health Promotion Group*, Community Based Research Award, Office of Leadership and Service Learning, UNCG, 11/2008-05/2009, \$2,000
8. Principal Investigator, *Health Promotion Workshops for Mother-Daughter Dyads: A Formative Assessment Study*, Faculty Grant & Summer Excellence Award, UNCG, 12/1/07-12/31/09, \$10,000
9. Principal Investigator, *Adolescent Health and Community Service: Building Bridges and Planting Seeds*, Institute for Social Science – Cornell University, 2/15/05 – 2/14/06, \$4,997
10. Principal Investigator, *Healthy Families: Assessing Health Practices and Relationship Quality*, Bronfenbrenner Lifecourse Innovative Research Award – Cornell University, 7/1/05-6/30/06, \$5,000
11. Evaluator, *Healthy Schools, Healthy Families*, New York Hospital-Columbia Presbyterian, 7/1/-05-7/31/06, \$369,553

UnFunded Research Support (External)

1. Principal Investigator, *Fit2Gether: Developing a Tailored Obesity Prevention Intervention for African American Mother-Daughter Dyads*, (HD063574), 11/2011, \$998,435
2. Principal Investigator, *Fit2Gether: A Tailored Obesity Prevention Program for African American Mother-Daughter Dyads*, (HD069961), 02/2011, \$409,931
3. Principal Investigator, *Examining the Context of Drug Use among Mother/Daughter Dyads*, (DA021838), 11/2010, \$679,727
4. Principal Investigator, *Development of a Tailored Obesity Prevention Program for African American Families*, (HD065219), 08/2009, \$379,047
5. Principal Investigator, *Gender-Specific Drug Prevention Programs for Girls*, (DA020511), 07/2007, \$725,374
6. Principal Investigator, *Health Promotion with Urban Mother/Daughter Dyads*, (CD000105), 10/2004, \$913,077

Teaching Experience

2006 – Present

Undergraduate

Current Health Problems: Women's Health Promotion

Women's Health (in-person and online)

Emotional Health (online)

MPH

Introduction to Community Health Education

Gender and Health

Current Health Problems: Women's Health Promotion

DrPH

Advanced Theory in Community Health Education (hybrid)
Quantitative Methods in Community Health Education
Qualitative Methods in Community Health Education
Qualitative Analysis
Department of Public Health Education
University of North Carolina at Greensboro

2005

Research Methods
Social and Behavioral Determinants of Health
Department of Nutrition, Food Studies, and Public Health
Steinhardt School of Education
New York University

2005

Adolescent Social Competence, High School Internship Program
Division of Prevention and Health Behavior
Department of Public Health
Weill Medical College of Cornell University

2004

Healthy Girls, Summer Internship Program
Division of Prevention and Health Behavior
Department of Public Health
Weill Medical College of Cornell University

2002

Psychological Development of Women
Department of Human Development
Columbia University Teachers' College

Doctoral Committees

Chair

Donna Biederman, DrPH Candidate in Public Health Education, "Understanding the Experience of Interacting with Service Providers from the Perspective of Homeless Women"

Michelle Cathorall, DrPH Candidate in Public Health Education, "Improving Bicycle Helmet Research: Examining Intervention Studies and Parental Experience"

Holly Sienkiewicz, DrPH Candidate in Public Health Education, "Social Engagement Patterns of Refugees Resettled within a Settlement House"

Sheryl Coley, DrPH Candidate in Public Health Education, "Race, Place, and Age: An Intersectional Multilevel Investigation of Birth Outcome Disparities among North Carolina Teen Mothers"

Meredith Gringle, PhD Candidate in Public Health Education, “The performances are politicized: Two examinations of mothering”

Wendasha Jenkins, PhD Candidate in Public Health Education, “Black college women’s sexual attitudes and behaviors within the context of hookup culture: A mixed method study”

Member

Kimberly Wagoner, DrPH Candidate in Public Health Education, “Social Acquisition of Alcohol among Underage Drinkers: Association with Social Host Policy and Law Enforcement Efforts”

Wanda Thompson, PhD Candidate in Nursing, “A Church-based Intervention to Promote Physical Activity in Black Adolescent Girls”

Louis Graham, DrPH Candidate in Public Health Education, “Examination of Black MSM’s Psychosocial Health”

Jared Androzzi, PhD Candidate in Kinesiology, “The Effects of Early Clinical Teaching Experiences on Pre-Service Teachers’ Self-Efficacy”

Shantee Foster, PhD Candidate in Clinical Psychology, “Consensual Unwanted Sex: Motivations and Reservations”

Virginia Brown, DrPH Candidate in Public Health Education, “Elements Contributing to the Rate of Adoption of the Healthy Youth Act in North Carolina Schools”

Ioana Scripa, PhD Candidate in Nutrition, “Development and Implementation of Nutrition Education Classes and Cooking Sessions into an Existing Life-Skills Program for Young Mothers at the YWCA of Greensboro, NC”

Melanie Adams, PhD Candidate in Kinesiology, “On Our Feet: Feasibility Trial of an Intervention to Reduce Sedentary Behavior and Increase Physical Activity”

Sarah Colonna, PhD Candidate in Educational and Cultural Leadership, TBD

Leigh Anne Royster, PhD Candidate in Public Health Education, Sexual violence prevention and response and institutions of higher education in a changing federal landscape: A feminist policy analysis”

Brittany Chambers, PhD Candidate in Public Health Education, “Assessing the Association between Novel Approaches to Measure County-level Indicators of Structural Racism and Social and Economic Deprivation with Women’s Adverse Birth Outcomes and Prenatal Care Utilization”

Margaret Brown, PhD Candidate in Public Health Education, TBD

Lindsey Oakes, PhD Candidate in Public Health Education

Shemeka Thorpe, PhD Candidate in Public Health Education

Masters’ Committees

Tiffany Morton, MS Candidate in Nutrition, “African American Mothers’ Eating and Exercise Behavior and Hypertension Risk Categories of their Young Adult Children”

Amanda Williams, MS Candidate in Kinesiology, “Perceived Environmental Restorativeness and Affective Responses to Indoor vs Outdoor Exercise”

Awards, Honors, and Scholarships

- 2014 Leadership Institute
University of North Carolina at Greensboro
- 2009 Alumni Teaching Excellence Award
University of North Carolina at Greensboro
- 2008 Summer Excellence Award
University of North Carolina at Greensboro
- 2004 Young Investigator's Travel Award
National Institute for Drug Abuse
- 2004 Fellow, Advanced Training Institute on Health Behavior Theory
National Cancer Institute
- 2003 Outstanding Teacher Award
Columbia University, Teachers' College

Journal Reviews

2005- 2012 Review Board Member, *American Journal of Health Behavior*

Peer Reviewer
Prevention Science
Journal of Research on Adolescence
Health Education & Behavior
American Journal of Public Health
Annals of Behavioral Medicine
Journal of Adolescent Health
Journal of School Health
Health Promotion Practice
Cultural Diversity & Ethnic Minority Psychology
Social Science & Medicine
Youth & Society

Grant Reviews

2016 NIH-National Center on Minority Health and Health Disparities (NCMHD) Special Emphasis Panel on Community-Based Participatory Research

2009	NIH-National Center on Minority Health and Health Disparities (NCMHD) Special Emphasis Panel on Community-Based Participatory Research
2006	Center for Disease Control and Prevention [CDC] and the Health Research and Education Trust [HRET]'s <i>Youth Obesity Prevention and Reduction Learning Collaborative</i>
2005	NIH-National Center on Minority Health and Health Disparities (NCMHD) Special Emphasis Panel on Community-Based Participatory Research
2003- 2005	NIH-National Institute on Drug Abuse, BSTART Applications

Institutional Service

Departmental Service

2015- Present	Chair, Department of Public Health Education
2013-2015	Associate Chair, Department of Public Health Education
2012-2013	Member, Assistant Professor Search Committee
2012-2013	Member, PHE Undergraduate Program Committee
2011-2012	Chair, PHE Resource Alignment Committee
2010-2012	PHE Doctoral Program Coordinator
2010-2011	Member, PHE Assistant Professor Search Committee
2008-2011	Member, PHE Graduate Program Committee
2007-2008	Member, PHE Doctoral Program Committee
2007-2008	Member, Department Head Search Committee
2006-2007	Member, PHE Undergraduate Program Committee
2004-2006	Member, Patient and Family Education Advisory Board (WMC)

School Service

2009-2011	Chair, HHP Research Advisory Council
2007-2010	Member, HHP Teaching Award Committee
2007-2010	Member, CWHW Program Council
2003-2006	Chair, Women's Health Research Group (WMC)

University Service

2014-Present	Member, WGS Sally Cone Scholarship Committee
2007-Present	Member, WGS Coordinating Council
2011-2013	Member, Breastfeeding Committee
2010-2013	Member, Executive Committee CFRN

2007-2012 Member, WGS Undergraduate Program Committee
2010-2011 Member, OSLS Service Learning Advisory Board

Professional & Community Service

2015-2016 Member-at-Large, Executive Council of the Association of Accredited
 Public Health Programs
2015-2016 Board of Directors, YWCA of Greensboro

Professional Memberships

Society for Public Health Education
American Public Health Association
Motherhood Initiative for Research and Community Involvement
Work and Family Research Network
Society for Research on Adolescence
Society for Menstrual Cycle Research

Bibliography

Peer Reviewed Publications

1. **Nichols, T.R.**, Biederman, D.J., & Gringle, M.R. (2017). Organizational culture and university response to parenting students: A case study, *Journal of Student Affairs Research and Practice*, 54(1): 69-81, doi: 10.1080/19496591.2016.1219268
2. Coley, S.L., **Nichols, T.R.**, Rulison, K.L., Aronson, R.E., Brown-Jeffy, S.L., & Morrison, S.D. (2016). Does neighborhood risk explain racial disparities in low birth weight infants born to adolescent mothers? *Journal of Pediatric and Adolescent Gynecology*, 29(2), 122-129. doi: 10.1016/j.jpag.2015.08.004
3. Coley, S.L. & **Nichols, T.R.** (2015). Understanding factors that influence teen mothers' doula utilization: A qualitative study, *Journal of Perinatal Education*, 25(1), 46-55.
4. **Nichols, T.R.**, Gringle, M.R. & Pulliam, R. (2015). "You have to put your children's needs and their best interests first or you're really not a good mother": Hegemonic motherhood and self-care practices among Black women, *Journal of Women, Gender, & Families of Color*, 3(2), 165-189.

5. **Nichols, T.R.**, Biederman, D.J., & Gringle, M.R. (2015). Using research poetics responsibly: Applications for health promotion research, *International Quarterly for Community Health Education*, 35(1), 5-20.
6. Coley, S.L., **Nichols, T.R.**, Rulison, K.L., Aronson, R.E., Brown-Jeffy, S.L., & Morrison, S.D. (2015). Race, socioeconomic status, and age: Exploring intersections in preterm birth disparities among teen mothers, *International Journal of Population Research*, doi:10.1155/2015/617907
7. **Nichols, T.R.**, Brown, M., Coley, S., Kelley, A., & Mauceri, K. (2014). 'I managed it pretty good': Birth narratives of adolescent mothers, *Journal of Perinatal Education*, 23(2), 79-88.
8. Biederman, D. J. & **Nichols, T.R.** (2014). Homeless women's experience of service provider encounters, *Journal of Community Health Nursing*, 31(1), 34-48.
9. Biederman, D. J., **Nichols, T.R.**, Lindsey, E.W. (2013). Homeless women's experience of social support from service providers, *Journal of Public Mental Health*, 12(3), 136-145.
10. Brown, V.A. & **Nichols, T.R.** (2013). Pregnant and parenting students on campus: Policy and program implications for a growing population, *Educational Policy*, 27(3), 499-530.
11. Wagoner K.G, Sparks, M., Francisco V., Wyrick D, **Nichols T.**, & Wolfson M. (2013) Social host policies and underage drinking parties, *Substance Use and Misuse*, 48(1/2), 41-53.
12. Wagoner K.G., Francisco V, Sparks M., Wyrick D, **Nichols T.**, & Wolfson M. (2012). A review of social host policies focused on underage drinking parties: Suggestions for future research, *Journal of Drug Education*, 42(1), 99-117.
13. Lynne-Landsman, S.D., Graber, J.A., **Nichols, T.R.**, & Botvin, G.J. (2011). Is sensation seeking a stable trait or does it change over time? *Journal of Youth and Adolescence*, 40, 48-58.
14. Lynne-Landsman, S.D., Graber, J.A., **Nichols, T.R.**, & Botvin, G.J. (2011). Trajectories of aggression, delinquency, and substance use across middle school among urban minority adolescents, *Aggressive Behavior*, 37, 161-176
15. Rodgers, C.C. **Nichols, T.R.** & Botvin, G.J. (2011). Alcohol and cigarette free: Examining social influences on substance use abstinence among Black non-Latina

- and Latina urban adolescent girls, in *Journal of Child and Adolescent Substance Abuse*, 20(4), 370-386.
16. Graham, L.F., Aronson, R.E., **Nichols, T.R.**, Stephens, C.F. & Rhodes, S. (2011). Factors influencing depression and anxiety among Black sexual minority men, *Depression Treatment and Research*, <http://dx.doi.org/10.1155/2011/587984>
 17. Biederman, D., **Nichols, T.R.** & Durham, D.D. (2010). Maternal navigational strategies: Examining mother-daughter dyads in adolescent families of color, in *Journal of Family Nursing*, 16, 394-421.
 18. **Nichols, T.R.**, Birnel, S., Graber, J.A., Brooks-Gunn, J. & Botvin, G.J. (2010). Refusal skill ability: An examination of adolescent perceptions of effectiveness, *Journal of Primary Prevention*, 31, 127-137.
 19. Graber, J.A., **Nichols, T.R.** & Brooks-Gunn, J. (2010). Putting pubertal timing in developmental context: Implications for prevention, in *Developmental Psychobiology*, 52, 254-262.
 20. Durham, D. D. & **Nichols, T.R.** (2009). Moms For Moms: Developing a women's health promotion program through motherhood support groups, *Health Promotion and Practice*, doi:10.1177/1524839909336507
 21. **Nichols, T.R.**, Birnbaum, A.S., Bryant, K. & Botvin, G.J. (2009). Lunchtime practices and problem behaviors among multi-ethnic urban youth, *Health Education & Behavior*, 36, 570-582
 22. **Nichols, T.R.**, Mahadeo, M., Bryant, K. & Botvin, G.J. (2008). Examining anger as a predictor of drug use among multi-ethnic middle-school students, *Journal of School Health*, 78(9), 480-486.
 23. Resnicow, K., Reddy, S.P., James, S., Ouardien, R.G., Kambaran, N.S., Langner, H.G., Vaughan, R. D., Cross, D., Hamilton, G., & **Nichols, T** (2008). Comparison of two school-based smoking prevention programs among South African high school students: Results of a randomized trial, *Annals of Behavioral Medicine*, 36, 231-243
 24. Lynne, S.D., Graber, J.A., **Nichols, T.R.**, Brooks-Gunn, J. & Botvin, G.J. (2007). Links between pubertal timing, peer influences, and externalizing behaviors among urban students followed through middle school, *Journal of Adolescent Health*, 40(2), 181.e7-181.e13

25. Botvin, G.J., Griffin, K.W., & **Nichols, T.R.** (2006). Preventing youth violence and delinquency through a universal school-based prevention approach, *Prevention Science*, 7, 403-408.
26. Graber, J.A., **Nichols, T.R.**, Lynne, S.D., Brooks-Gunn, J., & Botvin, G.J. (2006). A longitudinal examination of family, friend, and media influences on competent versus problem behaviors among urban minority youth, *Applied Developmental Science*, 10(2), 75-85.
27. **Nichols, T.R.**, Graber, J.A., Brooks-Gunn, J, & Botvin, G.J. (2006) Ways to say no: Refusal skill strategies among urban adolescents, *American Journal of Health Behavior*, 30(3), 227-236
28. **Nichols, T.R.**, Birnbaum, A.S., Birnel, S., & Botvin, G.J., (2006) Perceived smoking environment and smoking initiation among urban multi-ethnic girls, *Journal of Adolescent Health*, 38, 369-375.
29. **Nichols, T.R.**, Graber, J.A., Brooks-Gunn, J, & Botvin, G.J., (2006) Sex differences in overt aggression and delinquency among urban minority middle school students, *Journal of Applied Developmental Psychology*, 27, 78-91.
30. Griffin, K.W., **Nichols, T.R.**, Birnbaum, A.S., & Botvin, G.J., (2006). Social competence among urban minority youth entering middle school: Relationships with alcohol use and antisocial behaviors, *International Journal of Adolescent Medicine and Health*, 18(1), 97-106.
31. Griffin, K.W., Botvin, G.J. & **Nichols, T.R.** (2006). Effects of a school-based drug abuse prevention program for adolescents on HIV risk behavior in young adulthood, *Prevention Science*, 7(1), 103-112.
32. Borbely, C.J., Graber, J.A., **Nichols, T.R.**, Brooks-Gunn, J.B., & Botvin, G.J. (2005) Sixth graders' conflict resolution in role-plays with a peer, parent, and teacher, *Journal of Youth & Adolescence*, 34(4) 279-291.
33. Wright, A.J., **Nichols, T.R.**, Graber, J.A., Brooks-Gunn, J. & Botvin, G.J. (2004). It's not what you say, it's how many different ways you can say it: Adolescent divergent thinking in resisting peer pressure and problem behaviors, *Journal of Adolescent Health*, 35, 380-390.
34. Griffin, K. W., Botvin, G. J., & **Nichols, T. R.** (2004). Long-term follow-up effects of a school-based drug abuse prevention program on adolescent risky driving. *Prevention Science*, 5, 207-212.

35. Griffin, K. W., Botvin, G. J., **Nichols, T. R.**, & Scheier, L. M. (2004). Low perceived chances for success in life and binge drinking among inner-city minority youth. *Journal of Adolescent Health, 34*, 501-507.
36. **Nichols, T.R.**, Graber, J.A., Brooks-Gunn, J. & Botvin, G.J. (2004). Maternal influences on smoking initiation among urban adolescent girls. *Journal of Research on Adolescence, 14(1)*, 73-97.
37. Griffin, K. W., Botvin, G. J., **Nichols, T. R.**, & Doyle, M. M. (2003). Effectiveness of a universal drug abuse prevention approach for youth at high risk for substance use initiation. *Preventive Medicine, 36*, 1-7.
38. Epstein, J. A., Botvin, G. J., & **Diaz, T.** (2002). Gateway polydrug use among Puerto Rican and Dominican adolescents residing in New York City: The moderating role of gender. *Journal of Child and Adolescent Substance Abuse, 12*, 33-36.
39. Scheier, L.M., Botvin, G.J., Griffin, K.W., & **Diaz, T.** (2002). Perceived neighborhood risk as a predictor of drug use among urban minority adolescents: Moderating influences of psychosocial functioning. *Journal of Child and Adolescent Substance Abuse. , 11*, 67-105
40. Griffin, K. W., Botvin, G. J., Scheier, L.M., & **Nichols, T. R.** (2002). Factors associated with regular marijuana use among high school students: A long-term follow-up study. *Substance Use & Misuse, 37*, 225-238.
41. Botvin, G. J., Griffin, K. W., Diaz, T., & Ifill-Williams, M. (2001). Drug abuse prevention among minority adolescents: One-year follow-up of a school-based preventive intervention. *Prevention Science, 2*, 1-13
42. Epstein, J.A., Botvin, G.J. & Diaz, T. (2001). Linguistic acculturation associated with higher marijuana and polydrug use among Hispanic adolescents. *Substance Use and Misuse, 36*, 477-499.
43. Epstein, J.A., Botvin, G.J. & **Diaz, T.** (2001). Alcohol use among Dominican and Puerto Rican adolescents residing in New York City: Role of Hispanic group and gender. *Journal of Developmental and Behavioral Pediatrics, 22*, 113-118.
44. Griffin, K. W., Scheier, L. M., Botvin, G. J., & **Diaz, T.** (2001). The protective role of personal competence skills in adolescent substance use: Psychological

well-being as a mediating factor. *Psychology of Addictive Behaviors*, 15, 194-203.

45. Botvin, G. J., Griffin, K. W., **Diaz, T.**, & Ifill-Williams, M. (2001). Preventing binge drinking during early adolescence: One- and two-year follow-up of a school-based preventive intervention. *Psychology of Addictive Behaviors*, 15, 360-365.
46. Epstein, J.A., Botvin, G.J., Griffin, K.W. & Diaz, T. (2001). Protective factors buffer risk factors on alcohol use among inner-city youth. *Journal of Child and Adolescent Substance Abuse*, 11(1), 77-90.
47. Botvin, G.J., Griffin, K.W., Diaz, T., Scheier, L.M., Williams, C. & Epstein, J.A (2000). Preventing illicit drug use in adolescents: Long-term follow-up data from a randomized control trial of a school population. *Addictive Behaviors*, 25, 769-774.
48. Epstein, J.A., Botvin, G.J., Diaz, T., Williams, C. & Griffin, K.W. (2000). Aggression, victimization and problem behavior among inner-city minority adolescents. *Journal of Child and Adolescent Substance Abuse*, 9(3), 51-66.
49. Griffin, K.W., Botvin, G.J., Epstein, J.A. Doyle, M.M., & Diaz, T. (2000). Psychosocial and behavioral factors in early adolescence as predictors of heavy drinking among high school seniors. *Journal of Studies on Alcohol*, 61, 603-606.
50. Griffin, K.W., Botvin, G.J., Scheier, L.M., Diaz, T., Miller, N., (2000) Parenting practices as predictors of substance use, delinquency, and aggression among urban minority youth: Moderating effects of family structure and gender, *Psychology of Addictive Behaviors*, 14, 174-184
51. Griffin, K. W., Scheier, L. M., Botvin, G. J., & Diaz, T. (2000). Ethnic and gender differences in psychosocial risk, protection, and adolescent alcohol use. *Prevention Science*, 1, 199-212.
52. Scheier, L.M., Botvin, G.J., Griffin, K.W., **Diaz, T.**, (2000). Dynamic growth models of self-esteem and adolescent alcohol use, *Journal of Early Adolescence*, 20, 1787-209.
53. Botvin, G.J., Griffin, K.W., **Diaz, T.**, Miller, N., & Ifill-Williams, M. (1999). Smoking initiation and escalation in early adolescent girls: One-year follow-up of a school-based prevention intervention for minority youth. *Journal of the American Medical Women's Association*, 54, 139-143.

54. Epstein, J.A., Botvin, G.J. & **Diaz, T.** (1999). Social influence and psychological determinants of smoking among inner-city adolescents. *Journal of Child and Adolescent Substance Abuse*, 8 (3), 1-19.
55. Epstein, J.A., Botvin, G.J. & **Diaz, T.** (1999). Etiology of alcohol use among Hispanic adolescents: Sex-Specific effects of social influences to drink and problem behaviors. *Archives of Pediatrics and Adolescent Medicine*, 153, 1077-1084.
56. Epstein, J.A., Williams, C., Botvin, G.J., Diaz, T. & Ifill-Williams, M. (1999). Psychosocial predictors of cigarette smoking among adolescents living in public housing developments. *Tobacco Control*, 8, 45-52.
57. Epstein, J.A., Botvin, G.J., Baker, E. & Diaz, T. (1999). Impact of social influences and problem behavior on alcohol use among inner-city Hispanic and black adolescents. *Journal of Studies on Alcohol*, 60(5), 595-604.
58. Epstein, J.A., Botvin, G.J., Griffin, K.W. & Diaz, T. (1999). Role of ethnicity and gender in polydrug use among a longitudinal sample of inner-city adolescents. *Journal of Alcohol and Drug Education*, 45, 1-12.
59. Griffin, K.W., Scheier, L.M., Botvin, G.J., **Diaz, T.**, & Miller, N. (1999). Interpersonal aggression in urban minority youth: Mediators of perceived neighborhood, peer, and parental influences. *Journal of Community Psychology*, 27(3), 281-298.
60. Griffin, K.W., Botvin, G.J., Doyle, M.M., **Diaz, T.** & Epstein, J.A. (1999). A six-year follow-up study of determinants of heavy cigarette smoking among high school seniors. *Journal of Behavioral Medicine*, 22, 271-284.
61. Scheier, L.M., Botvin, G.J., **Diaz, T.** & Griffin, K.W. (1999). Social skills, competence, and drug refusal efficacy as predictors of adolescent alcohol use. *Journal of Drug Education*, 29(3), 251-278.
62. Scheier, L. M., Botvin, G. J., Griffin, K.W., & **Diaz, T.** (1999). Latent growth models of drug refusal skills and adolescent alcohol use. *Journal of Alcohol and Drug Education*, 44(3), 21-48.
63. Epstein, J.A., Botvin, G.J., & **Diaz, T.** (1998). Ethnic and gender differences in smoking prevalence among a longitudinal sample of inner-city adolescents. *Journal of Adolescent Health*, 23, 160-166.

64. Epstein, J.A., Botvin, G.J., Baker, E. & **Diaz, T.** (1998). Patterns of alcohol use among ethnically-diverse black and Hispanic urban youth. *Journal of Gender, Culture and Health*, 3(1), 29-39.
65. Epstein, J.A., Botvin, G.J. & **Diaz, T.** (1998). Linguistic acculturation and gender effects on smoking among Hispanic youth. *Preventive Medicine*, 27(4), 583-589.
66. Epstein, J.A., Botvin, G.J., **Diaz, T.** (1998). Ethnic and gender differences in alcohol use among a longitudinal sample of inner-city adolescents. *Journal of Gender, Culture and Health*. 3(4), 193-207.
67. Williams, C., Epstein, J. A., Botvin, G. J., Schinke, S., & **Diaz, T.** (1998). Psychosocial determinants of alcohol use among minority youth living in public housing developments. *Journal of Developmental and Behavioral Pediatrics*, 19(3), 145-154.
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Chapters/Invited Papers

1. Sienkiewicz, H.C. & **Nichols, T.R.** (2016) The spatial interactions of multi-ethnic refugees residing with a Carolina settlement house, In M. Poteet & S. Nourpanah (Eds) *After the Flight: The Dynamics of Refugee Settlement and Integration*, Cambridge Scholars Publishing, Newcastle upon Tyne:UK, pp. 156-182
2. **Nichols, T.R.** & Pulliam, R. (2015). Black mothers' messages of pride to their adolescent daughters, in K. Craddock's *Black Motherhood(s): Contexts, Contours, and Considerations*, Demeter Press
3. **Nichols, T.R.** (2011). Mothers in Prison, in M.Z. Strange & C.K. Oyster (Eds.) *Encyclopedia of Women in Today's World*, Sage University Press.
4. **Nichols, T.R.** (2010). Adolescent Children, in A.O'Reilly (Ed.) *Encyclopedia of Motherhood*, Sage University Press
5. **Nichols, T.R.** (2010). Drug Abuse, in A.O'Reilly (Ed.) *Encyclopedia of Motherhood*, Sage University Press
6. **Nichols, T.R.** (2010). Depression, in A.O'Reilly (Ed.) *Encyclopedia of Motherhood*, Sage University Press
7. **Nichols, T.R.** (2009). Becoming a mother, becoming a researcher: How maternal thinking shaped a career, In A. O'Reilly (Ed.) *The Legacy of Sara Ruddick*, Demeter Press

8. **Nichols, T.R.** & Birnbaum, A.S., (2005). Why Girls? The Importance of Developing Gender-Specific Health Promotion Programs for Adolescent Girls, *Harvard Health Policy Review*, 6(1), 48-56.
9. **Diaz, T.**, Dusenbury, L., Botvin, G.J., & Farmer-Huselid, R. (1997). Factors associated with drug use among youth living in homeless shelters. In G.J. Botvin, & S. Schinke (Eds.), *The Etiology and Prevention of Drug Abuse Among Minority Youth*. Binghamton, NY: Haworth Press, 91-110 [reprinted from the *Journal of Child and Adolescent Substance Abuse*, 1997].
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11. Scheier, L.M., Botvin, G.J., **Diaz, T.**, & Ifill-Williams, M. (1997). Ethnic identity as a moderator of psychosocial risk and adolescent alcohol and marijuana use: Concurrent and longitudinal analyses. In G.J. Botvin, & S. Schinke (Eds.), *The Etiology and Prevention of Drug Abuse Among Minority Youth*. Binghamton, NY: Haworth Press, 20-48 [reprinted from the *Journal of Child and Adolescent Substance Abuse*, 1997].
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13. Dusenbury, L. & **Diaz, T.** (1995). Developing intervention for multiethnic populations: A case study with homeless youth. In Botvin, G. J., Schinke, S. & Orlandi, M. (eds.), *Drug Abuse Prevention with Multi-Ethnic Youth*. Newbury Park, CA.: Sage Publications, 169-192.

Manuals

1. **Nichols, T.**, Graber, J. A., Byrne, C., Luppino, C., Reigada, L., Caskey, E., Brooks-Gunn, J., & Botvin, G. J. (2001). Life skills training: Social problem solving, adolescent version, codebook. New York: Center for Children & Families, Teachers College, Columbia University.
2. **Nichols, T.**, Graber, J. A., Kim, S., Byrne, C., Weber, J., Brooks-Gunn, J., & Botvin, G. (2001). Life skills training: Coding manual for the analysis of cigarette and alcohol advertisements. New York: Center for Children & Families, Teachers College, Columbia University.

3. Byrne, C., **Nichols, T.**, Wright, A.J., Graber, J.A., Brooks-Gunn, J., & Botvin, G.J. (2001). Life skills training: Social problem solving, adolescent version, codebook. New York: Center for Children & Families, Teachers College, Columbia University.
4. Graber, J. A., **Nichols, T.**, Luppino, C., Galen, B., Brooks-Gunn, J., Schinke, S., & Botvin, G. J. (1999). Life skills training: Videotape role play codebook. New York: Center for Children & Families, Teachers College, Columbia University.

Presentations

1. C. Crews, M. Shelton, **T.R. Nichols**, & I. Reyes (2016). *Reproductive Health Intervention for Women in Treatment for Addictions*, Annual Conference of the Society for Public Health Education, Charlotte, NC
2. **T.R. Nichols**, R. Pulliam, O. Jackson-Lewis (2015). *Performing Health Education: Applying Research Poetics to Adolescent Sexual Health Interventions*, Annual Conference of the Society for Public Health Education, Portland, OR
3. **T.R. Nichols** & S.L. Coley (2014). *Supporting Teen Mothers: Process Evaluation of a Community-Based Teen Parenting Program*, Biannual Conference of the Society for Research on Adolescence, Austin, TX.
4. **T.R. Nichols**, & M.R. Gringle (2013). “*Then we start all over again*”: *Examining Motherwork through Women’s Descriptions of their Daily Practices*, Motherhood Initiative for Research and Community Involvement’s Mega-Motherhood Conference, Toronto, ON.
5. **T.R. Nichols**, & M.R. Gringle (2013). *Undergraduate Mothers in the Academy: Absent Voices*, Motherhood Initiative for Research and Community Involvement’s Mega-Motherhood Conference, Toronto, ON.
6. A. Kelly, M. Brown, K. Mauceri & **T.R. Nichols** (2012). “*That’s when the pain really started*”: *Birth Experiences of Teen Mothers*, Annual Conference of the American Public Health Association, San Francisco, CA
7. A. Babic, S. Coley, C. Seitz & **T.R. Nichols** (2012). *Supporting Teen Moms: A Qualitative Evaluation of a Childbirth Education and Doula Program for Pregnant Adolescents*, Annual Conference of the American Public Health Association, San Francisco, CA
8. **T.R. Nichols** (2012). “*You have to put your children’s needs and their best interests first or you’re really not a good mother*”: *Hegemonic Motherhood and Daily Health*

Practices among Urban Women, Advancing Excellence in Gender, Sex and Health Research, Montreal, Quebec

9. **T.R. Nichols & M.R. Gringle** (2012). “*Work and family life and everything sometimes piles up on you and there’s no escape*”: Examining how daily care-giving affects health practices among urban mothers, 1st Annual Work and Family Research Network Conference, New York: NY.
10. **T.R. Nichols, D. Biederman, & M.R. Gringle** (2012). “*It’s not just our job or your potential career on the line, it’s the future of your entire family*”: Family-friendliness for parenting students at a mid-Atlantic state university, 1st Annual Work and Family Research Network Conference, New York: NY.
11. **T.R. Nichols & R. Pulliam** (2011). “*You can’t be a professional woman and not know how to cook*”: How Black mothers socialize their daughters into womanhood, Annual Conference of the American Public Health Association, Washington: DC.
12. **T.R. Nichols, D. Biederman, M. Gringle, & V. Brown** (2011). “*I’ve been pumping in the parking deck when I have to make milk for my baby*”: University responses to the needs and perceptions of pregnant and parenting students, Annual Conference of the American Public Health Association, Washington: DC.
13. **T.R. Nichols** (2011). “*It takes a village to get me through college and help raise my son*”: Experiences of Pregnant & Parenting Undergraduates at a Mid-Sized Southern State University, Annual Conference of the Society for Applied Anthropology, Seattle: WA.
14. **T.R. Nichols, A.S. Birnbaum, & S. V. Birnel** (2009). “*If it’s just one person and you have a bunch of boys then you’re obviously gonna have to walk off the court*”: Challenges to gender equity in after-school physical activity promotion, Annual Conference of the American Public Health Association, Philadelphia: PA
15. **T.R. Nichols, C. Evans, T. Morton, T. Flint, & M. Savoca** (2009). “*I guess it comes from being stressed out*”: Examining perceptions of stress and coping among African American mothers based on the hypertension risk of their adolescent child, Annual Conference of the American Public Health Association, Philadelphia: PA
16. **T. R. Nichols, K.M. Miller, W. Thompson, V. Brown, C. Haugh, & A. Mattocks** (2009). “*It’s not just about me, it’s about you, it’s about her...it’s about building bonds so that we can be a better society*”: Lessons learned from developing a mother-daughter health promotion program, Annual Conference of the American Public Health Association, Philadelphia: PA

17. **T. R. Nichols**, D. J. Biederman, & D. D. Durham (2009). *"Maybe I can talk about sex but when like I'm ready I don't think I can go to her": Perceptions of mother-daughter communication processes within urban dyads-of-color*, Annual Conference of the American Public Health Association, Philadelphia: PA
18. D.D. Durham & **T.R. Nichols** (2009). *"Making us feel welcomed:" Developing and implementing a woman's health promotion program that incorporates the experiences of lived mothering*, Annual Conference of the American Public Health Association, Philadelphia: PA
19. V. Brown & **T. R. Nichols** (2009). *"I'm a Teenager I'm Not Gonna be a Health Freak": Urban Female Adolescents Perceptions of Health and Health Related Behaviors*, Annual Conference of the American Public Health Association, Philadelphia: PA
20. A.S. Birnbaum, **T.R. Nichols**, & S. Birnel (2009). *Reflecting whose reality? Images of adolescent physical activity in commercial image banks*, Annual Conferences of the Society of Behavioral Medicine, Montreal, Quebec.
21. **Nichols, T.R.** (2009). *"We haven't really fell out big": Mother-Daughter Relations in Families of Color*, paper presented as part of a symposium (Chair: T.R. Nichols) at the Annual Conference of the Society for Prevention Research, Washington: DC.
22. **Nichols, T.R.**, Durham, D.C., Pulliam, R., Birnbaum, A.S. & Birnel, S. (2008). *"I Already See the Alienation Coming and It's Like...Oh My God She's Getting Ready to Hate Me": Mother-Daughter Relations in Families of Color*, Biannual Conference of the Society for Research on Adolescence
23. **Nichols, T. R.** (2008) *Anger, aggression and drug use among urban middle-school youth: Does gender matter?* Biannual Conference of the Society for Research on Adolescence
24. **Nichols, T.R.** Pulliam, R. & Robertson, J. (2008) *Peer-to-Peer learning: Facilitating opportunities through linked courses*, Annual Lily South Conference.
25. **Nichols, T.R.** (2007) *Mothers' health promotion: How daily experiences shape women's health practices*, Annual Conference of the Association for Research on Mothering: Maternal Health and Well-being, Toronto: CA
26. **Nichols, T.R.**, Birnbaum, A.S., Birnel, S., Mahadeo, M. (2007) *Motivating adolescents to be physically active: Program providers' perceptions of gender and class constraints*, Annual Conference of the American Public Health Association, Washington: DC

27. Birnbaum, A.S., **Nichols, T.R.**, Birnel, S., & Mahadeo, M. (2007) *What makes physical activity fun for urban adolescents: Listening to youth and opening Pandora's Box*, Annual Conference of the American Public Health Association, Washington: DC
28. **Nichols, T.R.**, Birnbaum, A.S., Birnel, S. & Durham, D.D. (2007) *Lived mothering: How daily care-giving affects health among urban working-class women*, Annual Conference of the American Public Health Association, Washington: DC
29. Birnbaum, A.S., **Nichols, T.R.**, Birnel, S. & Shefchik, M.L. (2007). *Refining a physical activity promotion model through formative evaluation: The Good Fit Project for multiethnic urban adolescents*, Annual Conference of the American Public Health Association, Washington: DC
30. Birnel, S., Birnbaum, A.S, **Nichols, T.R.** & Mahadeo, M. (2007). *Applying Durkheim's theory of solidarity to health promotion for multiethnic youth*, Annual Conference of the American Public Health Association, Washington: DC
31. Shefchik, M.L., Birnbaum, A.S., Birnel, S. & **Nichols, T.R.** (2007). *Representations of adolescent eating in commercial image banks*, Annual Conference of the American Public Health Association, Washington: DC
32. Rodgers, C.R.R. & **Nichols, T.R.** (2007). *Drug-free girls: Examining protective factors for abstaining from smoking and drinking through junior high school*, Annual Conference of the American Public Health Association, Washington: DC
33. **Nichols, T.R.**, Birnel, S., Miller, N.L., Hyden, C. & Birnbaum, A.S. (2006). *Girls-Only: An Examination of Gender-Specific Programming for Adolescent Health Promotion*, Annual Conference of the American Public Health Association, Boston: MA
34. Birnbaum, A.S., **Nichols, T. R.**, Birnel, S., & Hyden, C. (2006) "*The thing that made it made it fun because we're all really bad*" versus "*I get that speed burst boppin' somebody up*": *Gender Differences in Young Adolescents' Physical Activity Experiences*, Annual Conference of the American Public Health Association, Boston:MA
35. Birnbaum, A.S., **Nichols. T.R.**, Birnel, S., & Hyden, C. (2006), *Perceptions of Afterschool Program Leaders and Adolescents on Promoting Afterschool Physical Activity*, Annual Conference of the International Society for Behavioral Nutrition and Physical Activity, Boston: MA
36. **Nichols, T.R.**, Birnbaum, A.S., Bryant, K., & Botvin, G.J. (2005) *Lunch Practices and Drug Use Among Multi-Ethnic Urban Youth*, Annual Conference of the American Public Health Association, Philadelphia:PA

37. **Nichols, T.R.**, Birnel, S., Crosson, K., Miller, N., Raymond, M., Rodriguez, A., Tinuoye, E., Williams, J., Hyden, C. & Birnbaum, A.S. (2005) *Smoking Stories: Examining Young Women's Recollections of their First Smoking Experiences*, Annual Conference of the American Public Health Association, Philadelphia:PA
38. Birnbaum, A.S., **Nichols, T.R.**, Allen, B.A., Griffin, K.W. & Botvin, G.J. (2005) *Adolescents' Lunchtime Practices throughout the Middle School Years*, Annual Conference of the American Public Health Association, Philadelphia:PA
39. Birnel, S., **Nichols, T.R.**, Birnbaum, A.S., & Hyden, C. (2005) *Adolescent Effectiveness within Social Interaction Tasks*, Annual Conference of the American Public Health Association, Philadelphia:PA
40. Hyden, C., Birnbaum, A.S., Birnel, S., & **Nichols, T.R.** (2005) *A New Methodology for Exploring Health Images in Commercial Stock Photography*, Annual Conference of the American Public Health Association, Philadelphia:PA
41. **Nichols, T.R.**, Birnel, S., Crosson, K., Miller, N., Raymond, M., Rodriguez, A., Tinuoye, E., Williams, J. & Birnbaum, A.S. (2005) *Adult and adolescent voices: Examining girls' experiences of puberty through autobiographical writing*, Biennial Conference of the Society of Menstrual Cycle Research, Boulder:CO
42. **Nichols, T.R.**, & Birnbaum, A.S. (2005). *Lessons Learned from Training the Next Generation of Prevention Professionals*, Annual Conferences of the Society of Behavioral Medicine Boston, MA
43. **Nichols, T.R.**, Birnel, S., & Botvin, G.J. (2004). *Developmental Progression of Smoking Initiation Among Multi-Ethnic Urban Girls: The Role of Social Influence*, Annual Conference of the American Public Health Association, Washington, D.C.
44. Birnbaum, A., **Nichols, T.R.**, Hyden, C., & Birnel, S. (2004). *People Like Me are Active and Smoke-Free: Audience Segmentation for Adolescent Health Messages*, Annual Conference of the American Public Health Association, Washington, D.C.
45. **Nichols, T.R.** (2004). *School-Based Drug Abuse Prevention: Does Gender Matter?*, Annual Convention of the American Psychological Association, Honolulu, Hawaii
46. **Nichols, T.R.** (2003) *Understanding Girls Drug Use and Delinquency: Implications for Prevention*, Annual Meeting for the Society for Prevention Research, Washington DC

47. **Nichols, T.R.** & Wright, J.A. (2002) *The Development of Social Competence Across the Middle School Years*, Annual Meeting for the Society for Prevention Research, Seattle Washington
48. **Nichols, T.R.** (2002) *Institutionalizing Effective School-based Prevention Programs: Finding the Balance between Fidelity and Adaptation*, Society for Prevention Research, Seattle Washington
49. **Nichols, T.R.** & Doyle, M. (2002). *Links between Competency, Delinquency, and Aggression among Urban Adolescents: Does Gender Matter?* Biennial Meeting of the Society for Research on Adolescence, April 14th, New Orleans: LA
50. Borbely, C. & **Nichols, T.R.** (2002). *Dealing with Everyday Problems: Adolescents' Competence in Resolving Issues with Parents and Peers*, Biennial Meeting of the Society for Research on Adolescence, April 14th, New Orleans: LA
51. Caskey, E.E., Reigada, L.C., **Diaz, T.** & Botvin, G.J. (2001) *The Relationship between Social Skills and Smoking Inner-City Minority Youth: What is the Role of Attitudes?* Biennial Meeting for the Society for Research on Child Development,
52. **Diaz, T.**, Luppino, C. & Botvin, G.J. (2001) *Social Competence: Associations between Social Cognition, Social Performance, and Social Adjustment among Minority Youth*, Biennial Meeting for the Society for Research on Child Development,
53. **Diaz, T.**, Luppino, C., & Botvin, G.J. (2000) *The Role of Social Competence in Interpersonal Aggression among Inner-City Minority Youth*, Biennial Meeting for the Society for Research on Adolescence, March 30-April 2, Chicago: IL
54. **Diaz, T.**, Graber, J.A., Griffin, K.W., & Botvin, G.J. (2000) *School and Neighborhood Effects on the Association among Social Skills, Personal Competence, and Adolescent Problem Behaviors*, Biennial Meeting for the Society for Research on Adolescence, March 30-April 2, Chicago;IL
55. **Diaz, T.**, Verdelle, A.J., & Botvin, G.J. (1997) *Preventing Violence among Inner-City Minority Adolescents: An Analysis of Focus Group Data*, Biennial Meeting for the Society for Research on Child Development, April 3-6, Washington: DC
56. **Diaz, T.** & Botvin, G.J. (1997) *Academic Achievement among Black Adolescents: The Impact of Ethnic Identity, Perceived Life Chances, and Family Functioning*, Biennial Meeting for the Society for Research on Child Development, April 3-6, Washington:DC

57. **Diaz, T.**, Huselid, R., Dusenbury, L. & Botvin, G.J. (1996) *The Effect of Social Support Networks on the Psychosocial Adjustment of Homeless Adolescents*, Biennial Meeting for Society for Research on Adolescence, March 7-10, 1996, Boston: MA.